

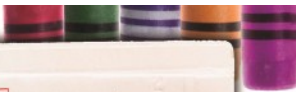
JANUARY 2012 DWIGHT GRADE SCHOOL #232 LUNCH MENU



Make Choices for a Healthy lifestyle!



Come Get CORNY with the Lunch Ladies. Thursday the 19th is National Popcorn Day!!



Questions about the menu?
Call 815-584-6226
Sharon Soto
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Nachos Supreme w/Taco Meat, Cheese & Salsa Or Coney Island Corn Dog Garden Peas Ice Juicy	4 Pizza Dippers w/Pizza Sauce Or Cheeseburger Seasoned Green Beans Peach Crisp	5 Mini Corn Dogs Or Chicken Sandwich *Baked Beans Orange Wedges	6 WG Double Stuffed Cheese Pizza Or Hot Dog Whole Kernel Corn Sweet Pears
9 Mac & Cheese Or Ranch Chicken Wrap Whole Kernel Corn Rosy Applesauce	10 French Toast Sticks w/*Sausage Pattie Grilled Cheese Potato Rounds Orange Wedges	11 Salisbury Steak w/Bread Slice Or Coney Island Corn Dog Whipped Potatoes w/Gravy Carrot Coins	12 Pasta w/Meat Sauce & Garlic Bread Or Cheeseburger Garden Salad w/Dressing 100% Apple Cherry Juice	13 <i>NO SCHOOL</i>
16 <i>NO SCHOOL</i>	17 Pizza Dippers w/Pizza Sauce Or *Italian Sub Celery w/Dip Apple Crisp	18 Coney Island Corn Dog Or Grilled Cheese Tater Tots Banana	19 <u>National Popcorn Day</u> <i>POPCORN Chicken</i> Or <i>CORN Dog</i> <i>Oven Fries</i> <i>CORN on the Cob</i> & <i>POPCORN</i>	20 WG Double Stuffed Cheese Pizza Or Hot Dog Glazed Carrots Diced Peaches
23 Beef Ravioli & Garlic Bread Or Coney Island Corn Dog Garden Salad w/Dressing Cinnamon Applesauce	24 Chicken Nuggets w/Bread Slice Or Cheeseburger Whipped Potatoes w/Gravy Garden Peas	25 <i>STICKER DAY</i> BBQ *Rib Sandwich Or Chicken Sandwich Seasoned Green Beans Orange Wedges	26 Cheese Quesadilla Or Italian Chicken Wrap Mexicali Corn 100% Pineapple Juice	27 <i>11:00 AM</i> <i>EARLY DISMISSAL</i>
30 Chicken Tenders Or Cheeseburger Whipped Potatoes w/Gravy Mixed Veggies	31 Tony's Cheese Pizza Or Chicken Sandwich Seasoned Green Beans Cherry Crisp	Lunch \$2.10 Milk \$.55		



PLEASE NOTE

Menu changes may be necessary. Notice will be given when possible.
1% and fat free milk offered daily. *Contains pork

